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**BOTANY DOWNS**  
Secondary College

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reporting out of hours incidents  
Senior Caretaker: 027 361 7319  
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# PRINCIPAL'S MESSAGE

Dear Parents, Caregivers and Graduates,

## Student Leadership at BDSC

Leadership is important in every school, organisation and community. The preparation and establishment of a student leadership programme is important for all those involved, as leadership experiences contribute positively to student development, school culture and the level of inclusion in the community.

All students possess leadership potential and the development of our students is crucial for promoting social responsibility, community leadership and active citizenship. The leadership opportunities at the College provide a powerful connection to positive self-esteem, role-modelling and the key competencies (collaboration, cooperation, problem solving and creative thinking) found in the New Zealand curriculum. Botany Downs Secondary College accepts the responsibility we have to give our students every opportunity to gain these skills and knowledge.

Leadership opportunities exist in every facet of life at the college. Leadership thrives in our entire infrastructure for example; Whanau committees, Student Councils, co-curricular programme and our Lead Student system. Our young people take the challenge to learn to lead.

The most important personal quality others look for and admire is credibility. This is your MANA which comes from what you do (actions), not what you say you do. If people don't trust then they won't believe the messages. People are often given titles but leadership is earned. It is not about personality or popularity, it's about behaviours. It is the challenge of moving beyond ordinary to extraordinary. Student leaders know that if they want to gain commitment and achieve the highest standards they must model the way. Sports, arts and culture in the college all have leaders who show these characteristics. They are first to practice, prepared to do the donkey work and can always find an encouraging voice for others. They have clarified their values but understand that others in their teams will have different ideas, values and culture. It's a delicate step to forge unity and not force it as a leader tries to align the values of all within their team.

The first step each student must take along the path to being an exemplary leader is inward. It's a step toward discovering who you are and what you believe in. Our leaders stand by their beliefs and practice what they preach and will seek feedback about their impact on others. Modelling the way begins with clarification of personal values and then involves building and sharing these so that all can be heading in the same direction.

Inspiring a shared vision is another crucial part of our leadership programmes. Setting goals is important but not as important as helping others envision those goals as their own. Our student leaders passionately believe they can make a difference and are positive about the future. They have a desire to make something better, or change the way things are done or create something no one else has dreamed of.

We all learn from our mistakes and our students need to feel safe to do that, in an environment that supports them when they challenge the existing systems and processes. Searching for ways of doing things better, experimenting and taking risks are just part of their personal leadership development. Maintaining the status quo breeds mediocrity so we as an organisation must encourage our students to seize the initiative and make something meaningful happen.

Our students genuinely care about others so this behaviour creates trustworthy relationships which in turn, enables group efforts to be sustainable.

People come together, creating an atmosphere where all can understand that they have a shared purpose. This process involves planning and goal setting and maximises the strengths of those in the team. Collaboration brings collective power to the group strengthening each other's resolve to get the best outcomes. Sharing information and knowledge freely within each group shows an understanding of others' needs and interests and distributing opportunities and power demonstrates others are trusted before you ask them to trust you.

Leaders set high standards and have high expectations for the groups and activities they are involved in. By paying attention, offering encouragement, personalizing appreciation and maintaining a positive outlook, student leaders stimulate, rekindle and focus other's energies on the tasks at hand. Encouragement should come in many forms and when it is in public, it signals that "we are in this together." Praise and thanks from the heart is authentic and builds that strong sense of collective identity and community spirit. Caring is the focus of good student leadership.

Botany Downs Secondary College builds leadership in our students in ways that are sustainable at other stages of their lives.

My thanks to all students who have taken the opportunity taking up the challenge of being a student leader at the College.

Reference: Kouzes and Posner (2014), "The Student Leadership Challenge."

Warm Regards,  
Karen Brinsden  
Principal





# 2018 COLLEGE LEADERS

## SENIOR LEADERSHIP TEAM



PRINCIPAL  
Mrs Karen Brinsden



DEPUTY PRINCIPAL  
Mr Michael Hart



DEPUTY PRINCIPAL  
Ms Chris Williams



DEPUTY PRINCIPAL  
Mr Cornell van Kralingen



DEPUTY PRINCIPAL  
Mrs Kerrie Holmes



DEPUTY PRINCIPAL  
Mr Michael Andrew

## HEADS OF LEARNING AREAS



HOLA ENGLISH  
Ms Kerry Pinnell



HOLA HEALTH & PE  
Mr Jonny Saville



HOLA LANGUAGES  
Miss Michelle Lodge



HOLA MATHEMATICS  
Ms Irene Bennet



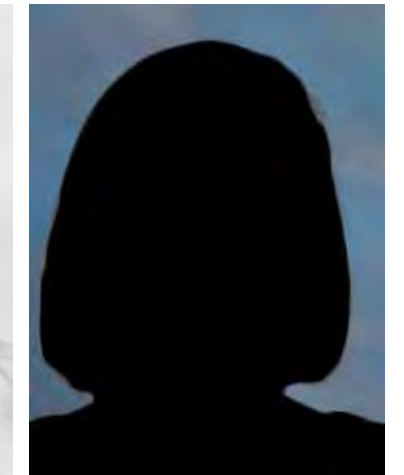
HOLA SOCIAL SCIENCES  
Ms Natalie Burrige



HOLA TECHNOLOGY  
Mr Dip Achary



HOLA SCIENCE  
Mr LauRaj Kumar



HODs VISUAL & PERFORMING ARTS  
DRAMA: Ms Jacqui Hood  
DANCE: Ms Aroha Rakanui  
MUSIC: Miss Louise Treneman  
VISUAL ART: Miss Tina Clapperton



# 2018 WHANAU LEADERS

## DISCOVERY WHANAU



WHANAU LEADER  
Ms Nicola Folks



DEPUTY WHANAU LEADER  
Mrs Janine McArthur

## ENDEAVOUR WHANAU



WHANAU LEADER  
Mr Kevin Adams



DEPUTY WHANAU LEADER  
Mrs Vivienne Darby

## JOHN BRITTEN WHANAU



WHANAU LEADER  
Mrs Debbie McGregor



DEPUTY WHANAU LEADER  
Ms Hannah Baldwin

## KORU WHANAU



WHANAU LEADER  
Mr Jonathan Clark



DEPUTY WHANAU LEADER  
Mr Stephen Sequeira

## SIR PETER BLAKE WHANAU



WHANAU LEADER  
Mr Alan Taylor



DEPUTY WHANAU LEADER  
Mr Appal Naidu

## SPIRIT WHANAU



WHANAU LEADER  
Ms Sharon Jackson



DEPUTY WHANAU LEADER  
Ms Marie-Laure Killip

# 2018 WHANAU TUTORS

## SIR PETER BLAKE WHANAU

9B1	Mr John Aloï	j.aloi@bdsc.school.nz
9B7	Mrs Alice Vickers	a.vickers@bdsc.school.nz
10B1	Mr Derek Chan	d.chan@bdsc.school.nz
10B7	Mrs Regina Tautogi	r.tautogi@bdsc.school.nz
11B1	Mrs Sophie Leïdh	s.leïdh@bdsc.school.nz
11B7	Mrs Hanaa Shareef	h.shareef@bdsc.school.nz
12B1	Mr Michael Trevelyan	m.trevelyan@bdsc.school.nz
12B7	Mr Amitesh Prasad	a.prasad@bdsc.school.nz
13B1	Mr Tony Wang	t.wang@bdsc.school.nz
13B7	Mrs Rochelle Murphy	r.murphy@bdsc.school.nz

## ENDEAVOUR WHANAU

9E2	Mr Andy Hancock	a.hancock@bdsc.school.nz
9E8	Mrs Eden Jaikumar	e.jaikumar@bdsc.school.nz
10E2	Ms Emilie Servanin	e.servanin@bdsc.school.nz
10E8	Mr Stephen Jowers-Wilding	s.jowers-wilding@bdsc.school.nz
11E2	Mr Suresh Prasad	s.prasad@bdsc.school.nz
11E8	Mr Carl Greenstreet	c.greenstreet@bdsc.school.nz
12E2	Mr Krishan Jeet	k.jeet@bdsc.school.nz
12E8	Miss Karen Douglas	k.douglas@bdsc.school.nz
13E2	Mrs Egenia Aucamp	e.aucamp@bdsc.school.nz
13E8	Mrs Debbie Bottom	d.bottom@bdsc.school.nz

## DISCOVERY WHANAU

9D3	Miss Hyde Sham	h.sham@bdsc.school.nz
9D9	Mr Morigen	morigen@bdsc.school.nz
10D3	Mr Zifeng Liu	z.liu@bdsc.school.nz
10D9	Mr Jason Thurlow	j.thurlow@bdsc.school.nz
11D3	Mr Scott Martin	s.martin@bdsc.school.nz
11D9	Mrs Leanne Hein	l.hein@bdsc.school.nz
12D3	Mr Kamlesh Singh	k.singh@bdsc.school.nz
12D9	Mrs Sue Scott-Knight	s.scott-knight@bdsc.school.nz
13D3	Mr Arvind Raj	a.raj@bdsc.school.nz
13D9	Mr Tony Darby	t.darby@bdsc.school.nz

## SPIRIT WHANU

9S4	Mrs Laura McKenna	l.mckenna@bdsc.school.nz
9S10	Miss Jill De Roos	j.deroos@bdsc.school.nz
10S4	Miss Bassant Ibrahim	b.ibrahim@bdsc.school.nz
10S10	Mr Mario Dammert	m.dammert@bdsc.school.nz
11S4	Miss Alice Croskery	a.croskery@bdsc.school.nz
11S10	Mr Salendra Singh	sal.singh@bdsc.school.nz
12S4	Mrs Veeshana Singh	v.singh@bdsc.school.nz
12S10	Mr Aaron Hainsworth	a.hainsworth@bdsc.school.nz
13S4	Mr Emil Mihajlov	e.mihajlov@bdsc.school.nz
13S10	Miss Daisie Yu	d.yu@bdsc.school.nz

## JOHN BRITTEN WHANAU

9J5	Mrs Sandyha Narayan	s.narayan@bdsc.school.nz
9J11	Mr Karl McLennan	k.mclennan@bdsc.school.nz
10J5	Miss Sina Leïlua	si.leïlua@bdsc.school.nz
10J11	Mrs Laetitia Grall	l.grall@bdsc.school.nz
11J5	Mr Nicholas Cull	n.cull@bdsc.school.nz
11J11	Mrs Jushi Hu	j.hu@bdsc.school.nz
12J5	Miss Anita Sharma	a.sharma@bdsc.school.nz
12J11	Mr Jesse Enriquez	j.enriquez@bdsc.school.nz
13J5	Miss Sally Brodie	s.brodie@bdsc.school.nz
13J11	Miss Anna Chan	a.chan@bdsc.school.nz

## KORU WHANAU

9K6	Mr Ash Rambhai	a.rambhai@bdsc.school.nz
9K12	Miss Caitlin Bruce	c.bruce@bdsc.school.nz
10K6	Miss Maddy Garbett Ovens	m.go@bdsc.school.nz
10K12	Miss Tina Clapperton	t.clapperton@bdsc.school.nz
11K6	Mrs Angie Thomson	a.thomson@bdsc.school.nz
11K12	Mr Caleb Murray	c.murray@bdsc.school.nz
12K6	Mrs Robyn Newman-Hall	r.newman-hall@bdsc.school.nz
12K12	Mr Rob Bartholomew	r.bartholomew@bdsc.school.nz
13K6	Miss Alana Khoo	a.khoo@bdsc.school.nz
13K12	Mrs Kathy Kuang	k.kuang@bdsc.school.nz



# 2018 WHO TO CONTACT

Department	Looks After	Person to Contact	Email Address	Contact Number
FINANCE	Subject fees, school donations, accounts, stationery, payments	Mrs Brenda McDonald Mrs June Johnston	b.mcdonald@bdsc.school.nz j.johnston@bdsc.school.nz	273 2310 ext. 268 273 2310 ext. 205
SPORTS	Co-curricular sports teams, sport team uniforms, coaching, managing, training, weekly games, Sports Council	Mr John Samuel Miss Anna Peterson Mrs Rachel Adams  Director of Sport: Mr Karl McLennan	j.samuel@bdsc.school.nz a.peterson@bdsc.school.nz r.adams@bdsc.school.nz sports@bdsc.school.nz  k.mclennan@bdsc.school.nz	273 2310 ext 219 273 2310 ext 344 273 2310 ext 226  273 2310 ext 241
ATTENDANCE	Absences, Leave (please refer to the Student Handbook for clarification regarding justified and unjustified leave)	Mrs Michelle Glass	attendance@bdsc.school.nz	Student Absences: 273 2310 and leave a message and a reason for the absence, on the answer phone
GUIDANCE	Parents are welcome to contact either Counsellor(s) if they have any concerns about their child. These concerns can be home, personal or school-related. All issues are treated as confidential.	Mr Iain Thomson Ms Leanne Rowe	i.thomson@bdsc.school.nz l.rowe@bdsc.school.nz	273 2310 ext 336 273 2310 ext 229
CAREERS, GATEWAY and PATHWAYS	Careers and work experience	Careers: Mrs Andrea Brook Gateway Coordinator: Mrs Nicola Shand-Marcusson Vocational Pathways Manager: Mrs Katherine Stewart	a.brook@bdsc.school.nz n.shand-marcusson@bdsc.school.nz k.stewart@bdsc.school.nz	273 2310 ex 237 273 2310 ext 371 273 2310 ext 355
HEALTH CENTRE	Health issues, injuries and emergencies	Mrs Karyn Wilson	k.wilson@bdsc.school.nz	
RECEPTION	Can point you in the right direction, if you're unsure of whom to talk to!	Mrs Yvonne de Graaf	reception@bdsc.school.nz	273 2310
ENROLMENTS	All queries relating to in zone, out of zone and enrolments	Mrs Helen Henry	h.henry@bdsc.school.nz	273 2310 ext 246
STUDENT SERVICES	Timetables and or lost property	Mrs Michelle Byers	m.byers@bdsc.school.nz	
LIBRARY	Renewal of library books, access to e-books, textbook enquiries, accessing the library catalogue, information on research and accessing resources	Ms Rachel Crewe Mrs Julie Mahar	r.crewe@bdsc.school.nz j.mahar@bdsc.school.nz	273 2310 ext 228 273 2310 ext 218



# 2018 NEW STAFF



BDSC is proud of our new teachers and we welcome each and every new staff member to our team.



# 2018 HEAD STUDENTS



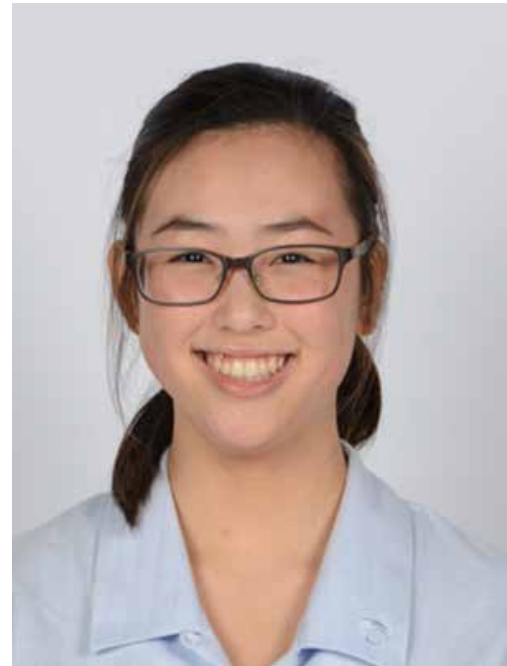
HEAD GIRL  
Tabarek Al-Jebouri



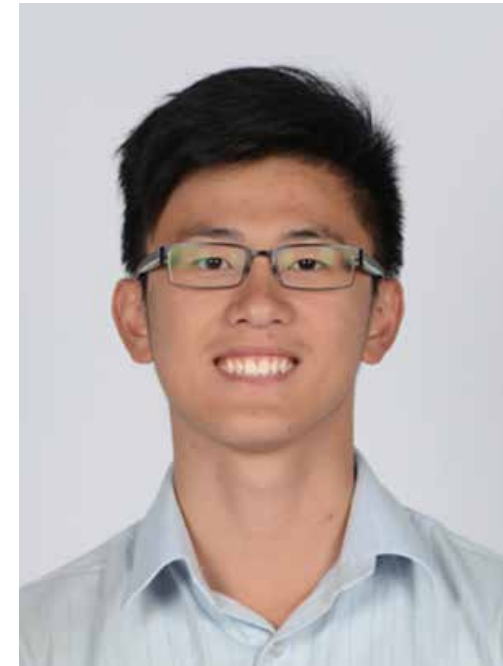
HEAD BOY  
Alex Taylor



DEPUTY HEAD GIRL  
Celine Dam



DEPUTY HEAD GIRL  
Jaimie Lee



DEPUTY HEAD BOY  
Jordan See



DEPUTY HEAD BOY  
James Burnett

# OUR SCHOOL

## POWHIRI 2018

At the Powhiri held in the Performing Arts Centre here at BDSC, the Kapahaka group performed a haka powhiri and lead the singing of two waiata, "He Honore" and "Tutira Mai". Ngahuaia (10J5) and Isobel Little (11K6), joined by Mrs Aroha Rakanui, called the karanga to welcome the manuhiri into the school. The haka powhiri was then lead by Raven Maniapoto (13J5), Isobel Little (11K6) and Ethan Finefuiaki (10J5).

Mrs Robyn Newman-Hall



## SCHOLARSHIP SUCCESS FROM 2017

Last week The New Zealand Scholarship awards were announced. Scholarship provides recognition and a financial reward to elite academic students in New Zealand. Scholarship assessments are designed to be demanding and require students to demonstrate "high-level critical thinking, abstraction and generalisation, and to integrate, synthesise and apply knowledge, skills, understanding and ideas to complex situations." ([www.nzqa.govt/qualifications](http://www.nzqa.govt/qualifications)).

In 2017 there were 18,714 Scholarship entries across all subjects. BDSC students accounted for 122 of these entries. Thirty of our Year 12 and 13 students secured 41 Scholarships and 5 Outstanding Scholarships. This represented a significant improvement on our 2016 results.

The table below provides a brief summary of the Scholarship awards gained by our students.

Each of these students have brought credit to themselves and to the College. Sincere thanks must go to the teachers who have run tutorials throughout the year, after school and during the school holidays, to ensure that students were well prepared. We will acknowledge these students and their teachers at our annual Scholarship Award ceremony during the July 2018 university break.

Aman Sethi	SCHOLARSHIP - Biology, Physics, Statistics OUTSTANDING SCHOLARSHIP - Chemistry, Calculus
Mukund Karthik	SCHOLARSHIP - Calculus
Nikeshia Amrutlal	SCHOLARSHIP - Statistics
Jeri Law	SCHOLARSHIP - Statistics
Atiq Koike	SCHOLARSHIP - Design & Visual Communication
Nikita Rodgers	SCHOLARSHIP - Biology
Holly Ancliffe	SCHOLARSHIP - Painting
Shouzhuang Feng	SCHOLARSHIP - Design & Visual Communication
Reeshan Kishore	SCHOLARSHIP - Accounting
Yash Shahri	SCHOLARSHIP - Calculus
Xi Yue Wang	SCHOLARSHIP - Biology, Statistics, Accounting
Wen Jie See	SCHOLARSHIP - Physics, Calculus
Samuel Wat	SCHOLARSHIP - English
Harry Zhang	SCHOLARSHIP - Physics
Chelsea Liang	SCHOLARSHIP - Statistics
Mahin Sheikh	SCHOLARSHIP - Statistics
Seo Yeon Park	SCHOLARSHIP - Geography
Max Gurr	SCHOLARSHIP - Statistics, Technology
Hiuyin Chen	SCHOLARSHIP - Statistics
Aaron Mouat	SCHOLARSHIP - Statistics
Lynette Nguyen	SCHOLARSHIP - Statistics, Physical Education
Rachel Kilgour	SCHOLARSHIP - Statistics
Derek Long	SCHOLARSHIP - Physics, Calculus
Alexa Sinclair	SCHOLARSHIP - Biology OUTSTANDING SCHOLARSHIP - Statistics
Abby Qi-Rong Wong	SCHOLARSHIP - Geography
Wei-Ting Lee	SCHOLARSHIP - Chemistry
Hirzi Rafli Putra-Laksana	SCHOLARSHIP - Japanese OUTSTANDING SCHOLARSHIP - Economics
Ren May Lee	SCHOLARSHIP - Accounting
Qi Qi Wang	SCHOLARSHIP - Calculus

Jou Yee Lee	SCHOLARSHIP - Biology, Chemistry, Physics and Economics
	OUTSTANDING SCHOLARSHIP - Calculus

Approximately three per cent of students studying Level 3 subjects are awarded Scholarship. The table below gives a summary overview of the Scholarship awards available to students who meet the eligibility criteria:

Premier Award	<ul style="list-style-type: none"> <li>For the very top 5 to 10 candidates - achievement of at least three Scholarships at "outstanding" level in the same year</li> <li>\$10,000 per year for up to three years as long as the recipient maintains at least a "B" grade average each year of their tertiary study</li> </ul>
Outstanding Scholarship Award	<ul style="list-style-type: none"> <li>For the next 40-60 top Candidates - achievement of three Scholarships including at least two at "Outstanding" level in the same year, or more than three Scholarships including at least one at "outstanding" level in the same year</li> <li>\$5,000 per year for up to three years as long as the recipient maintains at least a "B" grade average each year of their tertiary study.</li> </ul>
Scholarship Award	<ul style="list-style-type: none"> <li>For Candidates who achieve Scholarship in three or more subjects in the same year</li> <li>\$2,000 per year for up to three years as long as the recipient maintains at least a "B" grade average each year of their tertiary study</li> </ul>
Top Subject Scholar Award	<ul style="list-style-type: none"> <li>For the top Candidate in each one of the Scholarship subjects;</li> <li>\$2,000 per year for up to three years as long as the recipient maintains at least a "B" grade average each year of their tertiary study</li> </ul>
Single Subject Awards	<ul style="list-style-type: none"> <li>For candidates who achieve Scholarship in one or more subjects;</li> <li>A one-off award of \$500 per subject, for up to two subjects (maximum payment \$1,000)</li> </ul>

Most achievement standards based Level 3 subjects offer a Scholarship programme and students will be approached later this term or early in Term 2 regarding their participation in the programme. A positive attitude and commitment for the whole year are critical to ensure success. It would be wonderful to see the students of 2018 match or even surpass the superb standard set by our 2017 students.



# ENDEAVOUR WHANAU

## WELCOME TO ENDEAVOUR WHANAU

A warm welcome to all new students for 2018. We hope you will enjoy being part of our whanau in your time here at BDSC.



In week 5 Year 9 students, tutor teachers, lead students and whanau leaders are on camp at Motu Moana Scout Camp in Blockhouse Bay. We look forward to sharing news of our adventures on camp in a later edition of the Botany Bulletin.

This year we have welcomed some new teachers to Endeavour. Lead student, Vignesh Vijayakumar 13E8, had a chat with some of them and this is what he found out.



Egenia Aucamp



Eden Jaikumar



Emilie Servanin



Vanessa MacDonald



Vivi Liu



Maureen Drum

“From India, I have now been in New Zealand for 16 years. I love maths. I like to help others. The unity, love for others, and great spirit Endeavour exhibits are the main things I like about this whanau”  
Mrs Jaikumar, Mathematics

“Originally from China, New Zealand is home with all my family. I am passionate about teaching Mathematics and really looking forward to an amazing journey with our voyagers, innovators and travellers from Endeavour.” Mrs Liu, Mathematics

“Originally French, I made NZ my home 12 years ago. I have been teaching for 8 years and just arrived at BDSC. I am looking forward to working with the wonderful students and staff of Endeavour”  
Ms Servanin, Languages



# ENDEAVOUR WHANAU

Our senior Lead Student team for 2018 is Holly Ancliffe 13E8, Malavika Chandrasekharan 13E8, Caylee Cooke 13E2, Ryan Chen 13E8, Alex Hill 13E8, Crystal Tan 13E8 and Vignesh Vijayakumar 13 E8, working alongside them will be Deputy Head Girl Jaimie Lee 13E8 and Deputy Head Boy Jordan See 13E8.



The Lead Students head up whanau committees. Here are our committees for 2018.

## ARTS COMMITTEE

Holly Ancliffe 13E8, Tiffany Chen 11E2, Joshua Dheda 12E8, Grace Goodwin 13E8, Alyssa Marshall 13E8, Samantha Murray 10E2, Megan Pillay 11E2, Crystal Tan 13E8 and Annie Zheng 10E2

“The Endeavour Arts Committee for 2018 will be helping out with and coming up with new visual art initiatives in and around the Whanau. This year we are putting a focus our Whanau Cultural Display, collaborating with the Environmental Committee to work on projects in our outdoor space, as well as decorating the Whanau Common and Pod Area. “  
Holly Ancliffe 13E8



## EXTRA-CURRICULAR COMMITTEE

Vignesh Vijayakumar 13E8, Robyn Oliver 10E8, Melvin Puthenpurackel 13E2

“The promotions committee is responsible for encouraging and motivating all students to get involved within the schools whanau based events. Our primary goal is to come away with the whanau shield this year, which we all believe can be easily done through the many plans we have. We believe that this glues our whanau together well, and links closely with our whanau values.” Vignesh Vijayakumar 13E8



## ENVIRONMENTAL COMMITTEE

Ryan Chen 13E8, Suzie Chen 13E8, Nuoya Huang 11E2, Shuji Kinoshita 13E8, Abi Low 12E8, Natasha Smith 10E8, Austen Stutt 13E8 and Harry Zhang 13E8

“Endeavour’s Environmental Committee helps arguably one of the most important aspects of BDSC: the environment and the people in it. Together we hope to embark on more independent Kilkenny Clean-ups, collaborate with other committees in flaring up Endeavour’s garden, and promote Daffodil Day in support of people affected by cancer.

Because of our focuses on environmental care, anyone from any whanau or class can contribute to our committee regardless of whether they’re officially in it. This often makes for more impactful clean-ups and initiatives. So, if you want to help, come see anyone of our members. Let’s hope for a green, clean, productive 2018!” Ryan Chen 13E8





# ENDEAVOUR WHANAU

ICT/ ACADEMIC COMMITTEE

Alex Hill 13E8, Augustus Chu 13E8, Shalom DeSouza 10E8, Nathan Payne 12E8, Amaki Tsukazaki 11E2, Polly Wong 13E8 and Daniel Wu 13E8



Endeavour staff look forward to working with all of our students to support them on their learning and personal journeys throughout 2018.

# SIR PETER BLAKE



Upcoming Event!  
Blake Car wash 17th March

## YEAR 9 ORIENTATION

Mr Aloï and Mrs Vickers have done a great job, welcoming and introducing our new year nine students into the processes and routines that are part of Blake and BDSC. A highlight was the Samoan welcome dance presented by year tens, Miracle Fauoo and Moriah Lino. This was followed by a very polished introduction and talk by the 2018 Lead Students in their first Whanau presentation in their new role.

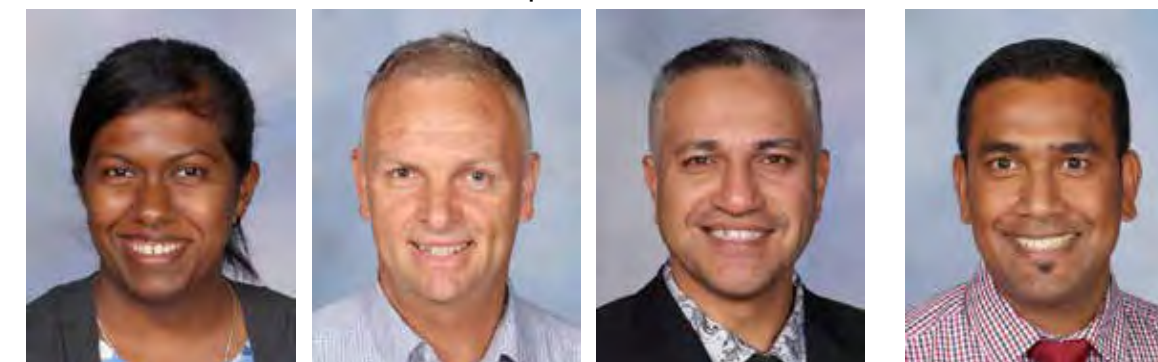
## LEAD STUDENT DINNER

This was once again a successful training and orientation exercise for the new Lead Students. We have 8 talented students who are very keen to make 2018 the best year ever in Blake.

## WHANAU ASSEMBLY

Our students were complimented on their approach to the option confirmation process. A noticeable feature was students taking responsibility for their own achievement and the acknowledgement from so many, that they want to achieve at a higher level in 2018 than last year is a positive start.

We welcomed new teachers, Ms Pillay, Mr Mather and Mr Aloï (from left to right in the photos below) to Blake Whanau and acknowledged the appointment of Mr Naidu (photo far right) as Assistant Whanau Leader as he received a warm reception from the students.





# HEALTH CENTRE

## MUMPS - TEENS AND YOUNG PEOPLE BEAR THE BURDEN OF LOW VACCINATION RATES

Welcome to 2018! With the holidays over and the school year well underway, I thought it timely to update our BDSC families about Auckland's Mumps outbreak and its effect on our young people.

Auckland has seen a dramatic increase in Mumps cases in 2017 and into 2018. As of 30th January 2018, 1134 confirmed and probable Mumps cases have occurred in Auckland. Many young people (whatever the reason may be) have not been vaccinated and are consequently the highest group of people affected. Most people recover from Mumps fully but in some cases, develop rare complications such as permanent loss of hearing, infertility and meningitis.



Despite most young people recovering fully, other non medical concerns occur. School aged children can not attend school if they have Mumps. This period away from school can be up to two weeks. This can cause huge disruption for families as well as loss of valuable learning while away from school, including isolation from friendship groups and normal teen activities while infectious (sports, hanging out with friends, part-time-job etc).

Our BDSC parents and caregivers can help support our young people and community by checking your child's vaccination status via your family doctor/practice nurse and seriously consider vaccination if they have not been vaccinated. The FREE vaccine (MMR) will also protect them against Rubella and Measles – two other serious diseases that young people are also at risk of contracting if not vaccinated. The decision to vaccinate should always be made with accurate, appropriate medical advice, so please speak to your family doctor or contact the agencies listed below.

If your child should exhibit the following symptoms, please contact your family doctor or Healthline for advice in 0800 611 116.

- pain in the jaw
- fever
- headache
- swelling of the glands around the face

**Need mumps protection?**

There's an outbreak of mumps amongst Auckland students not fully vaccinated.

The measles-mumps-rubella vaccine will help protect young people against three serious diseases that are easily spread.

And it is free. Talk to your doctor or nurse today.

For more info call 0800 immune (0800 466 863) or visit [ARPHS.govt.nz](http://ARPHS.govt.nz)

Auckland Regional Public Health Service  
Rātonga Hauora ā Iwi o Tamaki Makaurau

**immunise**  
their best protection

- If you suspect mumps call your doctor or Healthline for advice on 0800 611 116
- For fact sheets on mumps and MMR vaccination visit the ARPHS website [www.arphs.govt.nz](http://www.arphs.govt.nz)
- For questions about immunisation contact the Immunisation Advisory Centre on 0800 Immune or [www.immune.org.nz](http://www.immune.org.nz).

Good health to all  
Mrs Karyn Wilson  
College Nurse



# HEALTH CENTRE continued



**COUNTIES MANUKAU HEALTH**

**Have you been immunised against mumps?**

**Mumps is a serious disease that can be spread from one person to another, and can make you very sick.**

Symptoms are fever, loss of appetite, and pain or swelling on one or both sides of the face or neck.

Everyone in Counties Manukau who isn't immunised can get mumps, particularly our young people (aged 10-29). Our communities from Tonga, Fiji, Tuvalu, Kiribati, Papua New Guinea, and Vanuatu need to check with their family doctor as the immunisation for mumps isn't given in these countries.

**? If you're unsure if you or your whaanau have been immunised against mumps, please go see your family doctor.**

**☎ You can also call Healthline for advice on 0800 611 116. Healthline has translation services available 24/7.**

**HELP STOP THE SPREAD OF MUMPS IN YOUR COMMUNITY.**

**Protect you and your whaanau from mumps**

**COUNTIES MANUKAU HEALTH**



Use tissues to cover coughs and sneezes, and throw used tissues in the bin. If you don't have a tissue, use the top of your sleeve or the pocket of your elbow. Just remember to wash your top afterwards!



Encourage your whaanau to wash and dry their hands regularly with soap and warm water for 20 seconds, and then take 20 seconds to dry their hands well with a clean towel.

Disinfect surfaces and objects which may be contaminated with saliva such as door handles and keyboards.





Do not share drinks and cups.

**? If you're unsure if you or your whaanau have been immunised against mumps, please go see your family doctor.**

**☎ You can also call Healthline for advice on 0800 611 116. Healthline has translation services available 24/7.**

# ENERGY Drinks



Botany Downs Secondary College has had a long-held expectation that high-sugar beverages, such as fizzy drinks, and beverages that are known as 'energy' drinks are not to be consumed on site. This includes 'soft drinks' (e.g. Coke), 'energy drinks' (e.g. V, Red Bull, NOS, Mother) and beverages such as sugary tea beverages (a recent trend). We also strongly encourage students not to consume these prior to the school day. We have noticed the increased incidence of these drinks being brought into College and the purchase and consumption of them on the way to College. We would like parents to reinforce and support this expectation. As these items are not expected on site we reserve the right to confiscate them (and return the item to students at the end of the day). We encourage students to maintain healthy hydration by having a water bottle, and these are allowed to be consumed in class.

There are multiple sources that discourage teenagers from drinking high-sugar and caffeine drinks, and how they do not provide either good nutrition or a state of mind that allows students to maintain attention to lessons. Time Magazine (see below) for instance states, "Energy drinks are popular among young teens and adults, but studies continue to show they may have unintended and potentially serious side effects, including high blood pressure, hyperactivity and more...accumulating evidence exists to suggest that energy drink consumption is linked to adverse cardiovascular events, sleep disturbances, and other substance use among adolescents".

Some references:

[Time magazine](#)

[Stuff Article about Energy Drinks](#)

[Stuff Article about banning Energy Drinks to under 16 year-olds](#)



# SPORT NEWS

## TOUCH

The BDSC Mixed Touch Team competed at the NZSS Touch Nationals in December 2017. They got there by qualifying at Auckland Regionals earlier in the year. The team had trained hard throughout the off season and were looking forward to the tournament.

We were drawn into a very strong pool and on day one played three tough games.

Game 1 versus Rangiora College winning 9-3, our second game of the day against Rangitoto College winning 9-7 and our third game of the day against 2017 finalists and eventual 2018 winners, Paeroa College going down narrowly 5-7.

This put us in the top half of the pool.

Day two we had 4 tough games and unfortunately lost all four games. First game against Burnside College losing 3-5, game two against James Cook losing 6-1, game three against tournament favourites Howick College and eventual 2018 runners up losing 3-7 and our final game of the day against Waitara losing 3-4.

Day three put us into 9-12 playoffs, losing our first game against Manukura 7-4. Our final game of the tournament was our best, playing Rangitoto College again and winning 9-4.

All in all a good tournament and the team can be very proud of themselves playing in their first Nationals together.

Special thanks to Pete and Phillipa Samuel for their expertise in the coaching and their never-ending support of the touch programme at BDSC.

A special mention to Eliza Hay who was named in the NZSS Mixed Touch Tournament team. This was a huge achievement as she was one of only 6 girls named in the entire grade which consisted of 20 teams.



## NZ TOUCH NATIONALS

BDSC have a few students competing in inaugural Touch NZ provincial Nationals. Whilst everyone was enjoying their break the below students were training very hard preparing for the 3-day National tournament held from 9-11 February at Mountford Park, Manurewa and going up against the very best in their respective grades. Catch you on the 5...

AUCKLAND U16 Mixed Elite  
Kaitlyn Apaipora 12B7  
Hanro Botha 11B1

COUNTIES MANUKAU U16 Mixed Elite  
Malachi Te Haki 11B7  
Quinnlan Tupou 12D3

COUNTIES MANUKAU U16 girls  
Jayde Mcdowall 10S10

AUCKLAND U18 girls Elite  
Eliza Hay 13S4  
Taylor Kennard 13D3

AUCKLAND U18 Mixed Elite  
Alijah George 13J11  
Lantze Davids 13D3  
Caleb Nyantachi 13B7  
Caitlin Nauer 12J5  
Sophia Herewini 12K12

AUCKLAND U21 Mixed Elite (Competing in March)  
Ngapipi Herewini 13K3  
Lantze Davids 13D3

Malachi Te Haki has been named in the NZ Under 15 Mixed team to compete in Australia in September 2018.

Sophia Herewini and Lantze Davids have been selected to trial for 18s Mixed Team to compete at the TOUCH YOUTH WORLD CUP to be held in Malaysia later this year. Their trials will take place late March.



# SPORT NEWS continued

## CRICKET

In the recently concluded District Cricket Tournament held over the 2017/18 Summer break a few of BDSC 1st 11 players were selected to play for Manukau District. Rihan Sayed 12D3, Sukhdev Sukh 12E8, Yatin Vijan 13J5, Brayden Toussaint 12J11 and Hruthin Pagadala 12S4 were the following players who respectively represented their teams. Sukhdev earned an Auckland trial for showing maturity and aggressive batting by scoring his maiden century whereas his opening partner Rihan showed patience and consistency by scoring 3 x 50s in a row. Yatin current BDSC 1st XI captain displayed his leadership experience throughout the highly competitive tournament. While Brayden and Hruthin also gained great experience playing at representative level which will be useful for a school 1st XI team. WELL DONE GENTS! KEEP UP THE GREAT WORK!



## SOFTBALL

Kahleigh Matagi of 11S10 represented Auckland at the recently National Softball U15 Girls Tournament held in Papakura early January. Kahleigh also had the privilege to captain and lead the team for the 5-day Tournament. The team performed very well winning 6 of their 9 games. Kahleigh's maturity, resilience and leadership held the team together to place a spot in the final against a firing Wellington team.

Auckland were unfortunately beaten by a passionate and focus driven Wellington side.

The following week, Kahleigh was also selected for the Auckland U17 Development team to take part in the U17 Girls National tournament held in Dunedin. The team competed well and Kahleigh gained more experienced to help her development in the years to come.

Kahleigh's hard work over the xmas break has paid off. She has been selected to trial for ISA New Zealand Under 15 Girls to play in a Trans Tasman competition held in Sydney later this year in September.

EXCEPTIONAL WORK KAHLEIGH!



## BASKETBALL

Congratulations to Ngapipi Herewini of 13K3 a talented BDSC sportswoman who has been selected to trial for the NZ U17 Basketball team during 3-6 February, we wish you all the best!



## BASEBALL

Congratulations to Tui Amosa (10B7) and Taylor Irwin (10J5) who represented New Zealand U15 Baseball team ending in second place, over the Summer break.



# MORE SPORTS news

## ORIENTEERING

On Tuesday 27 February, BDSC hosted one of the Auckland Summer Sprint Orienteering events. We had about 650 competitors take part from local Intermediates and Colleges. Orienteering is a great sport for everyone from beginners to the more experienced and is a lot of fun. It was great to see so many students enjoying themselves and giving it a go.

Our best results came in the Senior Boys with Brodie Mansell-Masterton (12S10) finishing 3rd and in the Intermediate Girls with Anna Twyman (11B7) finishing 2nd. Well done to all.



## SPORTS DEPARTMENT NEWS

It has once again been a full on and busy start to the year in the Sports Department.

In Week 2 we farewelled Miss Jessica Mahar. Jess went off to Police Training College and we wish her all the best.

We are pleased to announce that Miss Anna Peterson has now joined the team as a Sports Co-ordinator. Anna is a current NZ Women's Cricket Player and we are extremely excited to have her on board!

Term 1 is always very busy with Summer Sports starting up and our big Sports Days of Athletics and Swimming Sports.

Athletics Day was touch and go with the weather as to whether it would go ahead at all! We were a bit nervous as we have never had to cancel! However, we managed to go ahead on the saturday with the weather not being overly friendly to us. Despite this, we managed to get through the whole programme and still managed to see some outstanding performances. All full report with results and photos will follow in the next newsletter.



Swimming Sports is our big next day ahead and we look forward to seeing lots of students down at the pools.

# THE BIG HOOT

## THE OWL SCULPTURE ART TRAIL Autumn 2018

A Wild in Art event delivered in partnership with Child Cancer Foundation. BDSC were sponsored by Sylvia Park. The owl will be displayed at Sylvia Park, Mt Wellington, near Country Road where families and friends can see our student's wonderful artwork!

Some inspirational Year 10 and Year 12 Art Council students and Miss Cunningham created Queen "B". She is bold, she is beautiful, she is Botany. She represents the Botany reserve that surrounds our environmentally focused school. Queen "B" otany is inspired by the drag queen culture, which celebrates diversity and equality.

A wonderful fundraising event. Check out Little Hoot fundraising page! Take family and friends along the Big Hoot trail by using the Big Hoot phone App to help you find all the owls.

Haier Big Hoot Art Trail starts – Saturday 3 March!





# CAFE PRICES

**OUR CAFE**

**HEALTHY CHOICES**

- \$6.00 **Salads** (by order only)  
(Ham/Chicken/ Beef/ Veg/ Tuna GF)
- \$3.50 **Sandwich** on White Bread
- \$4.50 **Sandwich** on Brown
- \$4.50 **Sandwich** GF Bread option  
(A variety of fillings available)
- \$3.00 **Pizza Bread** (Vegetarian options available)
- \$4.00 **Soup** (Winter time only) inclu. bread roll
- \$3.50 **Chicken Sub**
- \$4.00 **Fruit Salad**
- \$4.50 **Wraps** (Veg, Chicken, Ham)

**HOT LUNCHES**

- \$3.50 **Hot Noodles** (Beef/ Chicken Halaal)
- \$3.50 **Spicy Noodles**
- \$1.50 **Spaghetti Bun** (Vegetable)
- \$1.50 **Garlic Bread** (Vegetable) (Tues, Thur)
- \$3.00 **Hot Dog**
- \$3.00 **Steam Buns** (Pork/ Chicken)
- \$4.00 **Dad's Pie** (Mon, Wed, Thur)
- \$2.00 **Sausage Roll**
- \$3.00 **Pizza** (Hawaiian or Meat Lovers)
- \$3.50 **Chicken Nugget Dog** (Wed)

**HOT MEALS OF THE DAY**

- \$4.00 **MONDAY**  
Nachos (Veg) or  
Dad's Pie (Halaal)
- \$2.50 **TUESDAY**  
Chicken Kebab
- \$5.00 **WEDNESDAY**  
Hot Meal Board Special
- \$4.00 **THURSDAY**  
Pork Riblet Roll
- STBA **FRIDAY**  
Sushi (Veg and GF)

**SNACKS**

- \$2.00 **Potato Chips**
- \$2.00 **Doritos**
- \$2.00 **V-Chips**
- \$2.00 **Munchos**
- \$2.00 **Popcorn**
- \$1.00 **Cheese Stick**
- \$1.00 **Noodle Snack**  
(Rotated Weekly)

**COOKIES**

- \$1.00 **Afghan**
- \$3.00 **Mrs Higgins Cookies**
- \$3.00 **Mrs Higgins Brownies**
- \$0.50 **Rice Cracker**
- \$1.00 **Hash Brown** (at interval only)

**DRINKS**

- \$2.00 **Water Small**
- \$3.00 **Water Large**
- \$3.50 **H2go Large Flavoured**
- \$4.00 **Lipton Ice Tea**
- \$3.00 **Dellos Ice Tea**
- \$3.00 **Primo**
- \$3.50 **Mill Orchard Juice**
- \$3.00 **Up n Go**

**FROZEN**

- \$1.00 **Juicies**
- \$2.00 **Coconut Juicies**
- \$2.00 **Moosies**
- \$2.00 **Slushies**

# KEY DATES 2018

Tuesday 6 March	Mufti-Day (\$2 coin donation in support of Enviroschools)
Thursday 8 March	Swimming Sports Day (optional)
Monday 12 March	FiaFia Night
Friday 30 March	Good Friday
Monday 2 April	Easter Monday
Tuesday 3 April	Easter Tuesday
Friday 6 April	Mufti-Day (\$2 coin donation in support of the Senior Ball)
Thursday 12 April	Cross Country Enviroschools
Friday 13 April	Term 1 Ends
Wednesday 25 April	ANZAC Day
Monday 30 April	Term 2 Starts
Saturday 12 May	Senior Ball (Year 12 to Year 13)
Monday 4 June	Queen's Birthday
Friday 6 July	Term 2 Ends
Monday 23 July	Term 3 Starts
Friday 28 September	Term 3 Ends
Monday 15 October	Term 4 Starts
Monday 22 October	Labour Day
Friday 14 December	Term 4 Ends
Tuesday 25 December	Christmas Day
Wednesday 26 December	Boxing Day